

Ice Cream - NI

Sl.No	Product Name	Serving Size (ml)	Energy(kcal)	Total Fat (g)	Saturated Fat (g)	TransFat (g)	Cholestrol (mg)	Sodium (mg)	Carbohydrate(g)	TotalSugar (g)	Added Sugar (g)	Protein (g)	Energy(kcal) per Scoop/Serving(95g)
1	Almond Crunch	100	163.8	9.4	4.9	0	27.4	38.3	16.6	16.3	7.4	3.2	239.4
2	Bean Vanilla	100	139.2	8.4	5.2	0	32.1	42.5	13.0	13.0	7.8	2.9	203.4
3	Italian Wonder	100	153.3	7.7	4.1	0	23.3	37.6	18.2	18.1	11.8	2.8	224.1
4	Belgian Chocoholic	100	125.5	1.1	0.7	0	3.6	46.4	17.1	17.1	0.0	2.9	183.4
5	Vanilla Choco Chips	100	161.0	10.2	6.3	0	29.6	44.1	14.3	14.3	8.8	3.0	235.3
6	Dark Chocolate Secrets	100	158.7	8.7	5.5	0	27.4	88.3	16.9	16.9	11.7	3.2	231.9
7	Butterscotch Bliss	100	157.7	8.9	4.9	0	28.7	42.7	16.4	16.3	11.0	3.0	230.5
8	Maha Raj Bhog	100	127.1	7.1	4.3	0	25.0	35.7	13.6	13.6	6.4	2.1	185.8
9	Californian Pistachio	100	181.8	10.2	4.6	0	23.4	31.8	18.2	17.1	10.1	4.3	265.7
10	Electric Blackcurrant	100	142.8	8.0	5.0	0	30.7	41.4	14.9	14.9	8.5	2.8	208.7
11	Strawberry Blast	100	133.8	6.6	4.1	0	25.2	33.4	16.3	16.3	10.9	2.3	195.6
12	Cream N Cookie	100	160.8	9.2	5.0	0	29.6	39.3	16.4	16.3	10.4	3.1	235.0
13	Fig N Honey	100	143.9	7.5	4.7	0	28.6	38.4	16.4	16.4	6.9	2.7	210.3
14	Fruit Bonanza	100	143.0	7.4	4.5	0	27.3	37.1	16.4	16.2	7.0	2.7	209.0
15	Jil 'N' Jack	100	150.9	8.9	6.8	0	25.9	44.8	15.2	14.9	9.3	2.5	220.5
16	Litchi Buddy	100	131.9	7.1	4.4	0	26.9	35.8	14.5	14.4	8.5	2.5	192.8
17	Mango Kingdom	100	127.2	6.0	3.7	0	22.7	31.5	16.2	15.7	9.0	2.1	185.9
18	Swiss Chocolate	100	151.4	9.0	4.7	0	23.1	31.0	14.1	14.1	8.5	3.5	221.3
19	White Chocolate	100	185.0	11.4	7.0	0	25.6	34.1	17.6	17.4	13.0	3.0	270.4
20	Red Velvet	100	155.8	8.6	5.7	0	27.9	37.2	16.7	16.5	11.3	2.9	227.7
21	Strawberry Cheese Cake	100	138.4	6.4	4.0	0	24.3	42.4	17.8	17.8	11.7	2.4	202.3
22	Blackberry Violet	100	136.4	7.6	4.7	0	28.9	38.4	14.4	14.4	9.3	2.6	199.4
23	Blackforrest	100	170.2	9.4	5.9	0	26.0	84.2	18.2	17.0	11.0	3.2	248.8
24	Blueberry Cheesecake	100	143.8	7.6	4.7	0	28.8	51.6	16.0	16.0	9.9	2.9	210.2
25	Chocolate overload	100	171.7	9.7	5.9	0	28.2	97.3	17.8	16.8	10.9	3.3	250.9
26	Cotton Candy	100	139.0	8.4	5.2	0	32.1	42.5	13.0	13.0	7.8	2.9	203.2
27	Sea Salt Caramel Pecan	100	190.7	11.9	4.7	0	24.7	32.0	18.1	17.6	11.0	3.0	278.7
28	Vanilla Choco Berry	100	195.4	10.2	6.9	0	25.8	40.1	22.2	22.0	13.7	3.7	285.6
29	Tender Coconut Terrain	100	143.0	7.8	5.0	0	26.5	35.3	15.7	15.7	6.4	2.5	209.0
30	Sour Cherry Chocoverse	100	143.8	8.2	5.1	0	27.5	36.6	14.8	14.6	9.5	2.7	210.2
31	Mocha Fudge	100	243.4	10.2	6.4	0	33.0	133.0	33.1	33.0	21.4	4.8	355.7
32	Kiwi Passion Fruit Exotica	100	130.4	7.6	4.7	0	28.8	38.7	12.9	12.9	7.7	2.6	190.6
33	Peach & Strawberry	100	126.4	6.8	4.2	0	25.9	34.7	13.9	13.8	9.0	2.4	184.7
34	Caramelized Biscuit Marvel	100	158.0	9.6	5.3	0	30.1	39.6	15.1	15.1	8.9	2.8	230.9
35	Bubblegum	100	164.8	10	5.1	0	28	38.6	15.3	15.1	9.1	3.4	240.9
36	Choco Brownie Paradise	100	143.3	7.3	4.6	0	24.7	51.3	16.3	16.2	10.5	3.1	209.4
37	Mango & Raspberry	100	136.4	6.4	3.9	0	24.2	34.2	17.4	16.8	10.9	2.3	199.4
38	Tiramisu	100	154.6	7.8	4.8	0	26.5	48.4	18.3	18.1	11.5	2.8	226.0
39	Coffee Caramel	100	153.9	8.3	4.8	0.3	28.3	39.4	16.8	16.7	9.8	3	224.9
40	Oatmeal ChocoChip	100	150.6	8.2	5	0.3	29.1	52	16.3	16.2	9.4	2.9	220.1

Note:- An average adult require 2000 kcal of energy per day

ICE CREAM INGREDIENT DETAILS

1	Almond Crunch	Milk Solids, Sugar, Water, Chocolate Coated Almonds (7.6%) (Almonds, Sugar, Cocoa Butter, Milk Solids, Cocoa Solids, Emulsifiers (476 & Soy Lecithin), Natural & Artificial(Vanilla) Flavoring Substances), Honey, Liquid Glucose, Color (102, 133, 110, 122), Emulsifiers (471, 477), Stabilizers (410, 412) & Natural Flavoring Substances.
2	Bean Vanilla	Milk Solids, Sugar, Water, Bean Vanilla Powder, Liquid Glucose, Emulsifiers (471, 477), Stabilizers (410, 412) & Natural Flavoring Substances.
3	Italian Wonder	Milk Solids, Sugar, Water, Cocoa Solids, Raisins, Cashews, Liquid Glucose, (Mango, Strawberry, Blueberry, Raspberry & Blackcurrant Crushes (2.5%) (Acidity Regulator (330), Stabilizer (410,415, 1442), Thickener (440), Color(122),Natural, Nature- Identical & Artificial (Mango) Flavoring Substances), Color (102, 122), Emulsifiers (471, 477), Stabilizers (410, 412) & Natural Flavoring substances.
4	Belgian Chocoholic	Milk Solids, Sugar, Water, Cocoa Solids (3.3%), Liquid Glucose, Emulsifiers (471, 477), Stabilizers (410, 412) & Natural Flavoring Substances.
5	Vanilla Choco Chips	Milk Solids, Sugar, Water, Milk Chocolate Paste (Cocoa Butter, Sugar, Milk Solids, Cocoa Solids, Emulsifier (Soy Lecithin & 476) & Artificial (Vanilla) Flavoring Substances), Liquid Glucose, Emulsifiers (471, 477), Stabilizers (410, 412) & Natural Flavoring Substances.
6	Dark Chocolate Secret	Milk Solids, Sugar, Water, Cocoa Solids, Compound chips (9%) (Sugar, Hydrogenated Palm Kernel Oil, Cocoa Solids, Dextrose, Emulsifier (Soy Lecithin), Iodized Salt & Nature-Identical Flavoring Substances), Liquid Glucose, Color (150d), Emulsifiers (471, 477), Stabilizers (410, 412) & Natural Flavoring Substances.
7	Butterscotch Bliss	Milk Solids, Sugar, Water, Sugar Boiled Confectionery (10.4%) (Sugar, Cashew & Walnut), Liquid Glucose, Color (102, 110), Emulsifiers (471, 477), Stabilizers (410, 412) & Artificial (Butterscotch) Flavoring Substances.
8	Maharajbhog	Milk Solids, Sugar, Water, Nuts (6.5%) (Cashew, Pista & Almond), Liquid Glucose, Emulsifiers (471, 477), Stabilizers (410, 412), Color(102, 110), Natural, Nature-Identical & Artificial(Condensed Milk) Flavoring Substances.
9	California Pistachio	Milk Solids, Sugar, Water, Pistachio (4.2%), Nuts Paste (2.5%) (Emulsifier (Soy Lecithin), Color (100(i), 150d)), Liquid Glucose, Color(102, 133), Emulsifiers (471, 477) & Stabilizers (410, 412).
10	Electric Blackcurrant	Milk Solids, Sugar, Water, Blackcurrant Preparation (4.3%) (Thickener (440)), Liquid Glucose, Emulsifiers (471, 477), Stabilizers (410, 412), Color (133, 127) & Nature-Identical Flavoring Substances.
11	Strawberry Blast	Milk Solids, Sugar, Water, Strawberry Preparation (21.4%) (Strawberry, Sugar, Liquid Glucose, Stabilizer (410), Humectant (422), Antioxidant (300), Color (122), Thickener (440), Acidity Regulator (330) & Nature Identical Flavoring Substances), Liquid Glucose, Emulsifiers (471, 477), Stabilizers (410, 412), Color (122) & Nature- Identical Flavoring Substances.
12	Cream 'N' Cookies	Milk Solids, Sugar, Water, Cookie Crumbles (5%) (Refined Wheat Flour(Maida), Sugar, Hydrogenated Vegetable Fat(Palm Oil), Cocoa Solids, Invert Syrup, Milk Solids, Leavening Agent(503(ii), 500(ii)), Corn Flour, Iodized Salt, Humectant (422), Liquid Glucose, Color(150d) & Artificial(Vanilla) Flavoring Substances), Compound Chips(2.5%)(Emulsifier(Soy Lecithin) & Nature- Identical Flavoring Substances), Liquid Glucose, Emulsifiers (471, 477), Stabilizers (410, 412), Nature-Identical & Artificial (Chocolate Delight) Flavoring Substances)
13	Fig 'N' Honey	Milk Solids, Sugar, Water, Fig Preparation (5.4%) (Fig, Honey & Water), Liquid Glucose, Color (102, 110), Emulsifiers (471, 477), Stabilizers (410, 412) & Nature-Identical Flavoring Substances.
14	Fruit Bonanza	Milk Solids, Sugar, Water, Candied Fruit (2.3%) (Acidity Regulator (330, 260), Preservative (202)), Pineapple (2%), Cherry (1.2%), Cashew, Fig (0.5%), Raisin (0.7%), Dried Blackcurrant (1.2%), Liquid Glucose, Emulsifiers (471, 477), Stabilizers (410, 412) & Nature-Identical Flavoring Substances.
15	Jill 'N' Jack Fruit	Milk Solids, Sugar, Water, Jackfruit Crush (12.8%) (Jackfruit & Sugar), Jackfruit (6.3%), Liquid Glucose, Color (102), Emulsifiers (471, 477) & Stabilizers (410, 412)
16	Litchi Buddy	Milk Solids, Sugar, Water, Lychee Preparation (16%) (Lychee, Sugar, Liquid Glucose, Stabilizer (410), Antioxidant (300), Humectant (422), Thickener (440) & Acidity Regulator (330)) & Nature- Identical Flavoring Substances.

17	Mango Kingdom	Milk Solids, Sugar, Water, Mango Preparation (19.2%) (Mango, Sugar, Liquid Glucose, Humectant (422), Stabilizer (410), Antioxidant (300) & Artificial (Mango) Flavoring Substances), Mango Pulp (9.9%)(Mango & Acidity Regulator(330)), Liquid Glucose, Emulsifiers (471, 477), Stabilizers (410, 412), Color (102) & Artificial (Mango) Flavoring Substances.
18	Swiss Chocolate	Milk Solids, Sugar, Water, Cocoa Solids, Brownie (Thickener (415) & Nature-Identical Flavoring Substances), Almonds, Cashews, Liquid Glucose, Emulsifiers (471, 477), Stabilizers (410, 412) & Natural Flavoring substances.
19	White Chocolate	Milk Solids, Sugar, Water, White Chocolate (14.3%)(Sugar, Cocoa Butter, Milk Solids, Emulsifier(Soy Lecithin) & Natural Flavoring Substances), Chocolate (Sugar, Cocoa Solids, Cocoa Butter, Emulsifier (Soy Lecithin) & Artificial(Vanilla) Flavoring Substances), Liquid Glucose, Emulsifiers (471, 477) & Stabilizers (410, 412)
20	Red Velvet	Milk Solids, Sugar, Water, Raspberry & Strawberry Syrup (6.3%) (Water, Sugar, Raspberry, Strawberry, Fructose, Thickener (440), Stabilizer (410), Color (127) & Nature-Identical Flavoring Substances), White Compound (Emulsifier (Soy Lecithin) & Natural Flavoring Substances), Liquid Glucose, Cocoa Solids, Emulsifiers (471, 477), Stabilizers (410, 412), Color (150d, 129, 162) & Nature- Identical Flavoring Substances.
21	Strawberry Cheese Cake	Milk Solids, Sugar, Water, Strawberry Preparation(20%)(Strawberry, Sugar, Liquid Glucose, Stabilizer (410), Humectant (422), Antioxidant (300), Color (122), Thickener (440), Acidity Regulator (330) & Nature Identical Flavoring Substances), Cake(4%)(Emulsifiers & Stabilizers(1442, 477,415), Dextrose, Color(160a), Nature-Identical & Artificial(Vanilla) Flavoring Substances), Quark Powder, Acidity Regulator(330), Iodized Salt, Emulsifiers(471, 477), Stabilizers(410, 412), Nature- Identical Flavoring Substances & Artificial (Strawberry Cheese) Flavoring Substances.
22	Blackberry Violet	Milk Solids, Sugar, Water, Blackberry Preparation (10%) (Blackberry, Sugar, Water, Liquid Glucose, Antioxidant (300), Humectant (422), Thickener (440, Acidity Regulator (330), Stabilizer (410), Color (122) & Nature-Identical Flavoring Substances), Liquid Glucose, Emulsifiers (471, 477), Stabilizers (410, 412), Color (122) & Nature-Identical Flavoring Substances.
23	Black Forest	Milk Solids, Water, Sugar, Cake (6.1%) (Refined Wheat Flour(Maida), Sugar, Milk Solids, Raising Agent(500(ii), 341(ii)), Malt dextrin, Edible Vegetable Oil (Palm Oil), Emulsifier (477), Stabilizer (415), Starch, Dextrose, Iodized Salt & Artificial (Vanilla) Flavoring Substances, Cherry Preparation (Acidity Regulator (330), Thickener (440) & Nature-Identical Flavoring Substances), Water, Palm Kernel Oil, Processed Cherry, Color (150d) & Nature-Identical Flavoring Substances), Plain Chocolate(4.8%)(Emulsifier(Soy Lecithin) & Artificial(Vanilla) Flavoring Substances),Cocoa Solids, Liquid Glucose, Emulsifiers(471, 477), Stabilizers(410, 412), Color(150d), Nature- Identical & Artificial(Cherry) Flavoring Substances.
24	Blueberry Cheese Cake	Milk Solids, Sugar, Water, Cake(5.3%) (Refined Wheat Flour(Maida), Sugar, Milk Solids, Glucose, Raising Agent(500(ii), 341(ii)), Edible vegetable Oil(Palm Oil), Emulsifiers & Stabilizers(1442, 477,415), Corn Starch, Dextrose, Iodized Salt, Maltodextrin, Color(160a), Nature-Identical & Artificial(Vanilla) Flavoring Substances), Blueberry Sauce(5.3%)(Blueberry, Sugar, Fructose, Thickener(440), Lemon Concentrate), Acidity Regulator(330), Iodized Salt, Emulsifiers(471, 477), Stabilizers(410, 412), Color(122,133) & Nature- Identical Flavoring Substances.
25	Chocolate Overload	Milk Solids, Sugar, Water, Cocoa Solids(5%), Chocolate (5%) (Sugar, Cocoa Solids, Milk Solids, Cocoa Butter, Emulsifiers(Soy Lecithin) & 476) & Artificial(Vanilla) Flavoring Substances), Cocoa Flavored Confectionery(5%), (Sugar, Water, Liquid Glucose, Milk Solids, Edible Vegetable Fat (Palm Kernel Oil), Cocoa Solids, Stabilizer (1442, 415), Thickener (440), Acidity Regulator (330) & Iodized Salt), Liquid Glucose, Iodized Salt, Emulsifiers (471, 477), Stabilizers(410, 412) & Natural Flavoring Substances.
26	Cotton Candy	Milk Solids, Sugar, Water, Liquid Glucose, Emulsifiers (471, 477), Stabilizers (410, 412), Colors (127, 133), Natural & Nature- Identical Flavoring Substances.
27	Sea Salt Pecan	Milk Solids, Water, Sugar, Liquid Glucose, Caramel Syrup(11%)(Water, Sugar, Invert Syrup(Acidity Regulator(330)), Liquid Glucose, Milk Solids, Emulsifiers (471, 477),Stabilizers (410, 412), Colors (133, 102, & 122)), Pecan (8%), Hazelnut Paste (Hazelnut, Milk Solids, Cocoa Solids, Emulsifier(Soy Lecithin)),Emulsifiers(471, 477), Stabilizers(412, 410), Iodized Salt (.1%), Colors (133, 102, & 122),Natural & Nature- Identical Flavoring Substances.
28	Vanilla choco Berry	Milk Solids, Water, Sugar, Strawberry Crush(8%)(Sugar, Water,Strawberry, Fructose, Raspberry, Blueberry, Lemon juice, Thickener (440), Emulsifier (410), Acidity Regulator (330), Color (122)), Brownie (8%) (Sugar, Refined Wheat Flour (Maida), Cocoa Solids, Milk Solids, Iodized Salt, Edible Vegetable Oil (Sunflower), Thickener (415), Palm Kernel Oil, Water), Fudge Sauce(Thickeners (415, 440), Stabilizer(1422) & Acidity Regulator(330)), Liquid Glucose, Emulsifiers(471, 477), Stabilizers(412, 410), Natural & Nature- Identical Flavoring Substances.
29	Tender Coconut Terrain	Milk Solids, Sugar, Water, Tender Coconut Preparation(17%)(Tender Coconut Pulp, Liquid Glucose, Fructose & Stabilizer(1442)), Liquid Glucose, Emulsifiers(471, 477) & Stabilizers(410, 412).

30	Sour Cherry Chocoverse	Milk Solids, Sugar, Water, Cherry Preparation (12.7%) (Cherry, Sugar, Water, Acidity Regulator (330), Stabilizer (1442) & Thickener (440)), Chocolate (Emulsifier (Soy Lecithin) & Artificial (Vanilla) Flavoring Substances), Liquid Glucose, Emulsifier (471, 477), Stabilizer (410, 412), Color (133, 127) & Artificial (Cherry) Flavoring Substances.
31	Mocha Fudge	Milk Solids, Sugar, Water, Cocoa Flavored Confectionery (7.8%) (Sugar, Water, Liquid Glucose, Milk Solids, Edible Vegetable Fat (Palm Kernel Oil), Cocoa Solids, Stabilizer (1442, 415), Thickener (440), Acidity Regulator (330) & Iodized Salt), Cookie Crumbles (4.6%) (Leavening Agent(503(ii), 500(ii)), Color(150d) & Artificial(Vanilla) Flavoring Substances), Cocoa Solids (3%), Liquid Glucose, Coffee Powder, Color(150d) & Nature-Identical Flavoring Substances.
32	Kiwi Passion Fruit Exotica	Milk Solids, Water, Sugar, Apple Syrup (Apple Concentrate, Sugar, Liquid Glucose, Water, Fructose, Thickener(440), MaltoDextrine& Nature-Identical Flavoring Substances), Kiwi Fruit Preparation(2.7%)(Humectant(422), Thickener(440), Acidity Regulator(330), Color(102, 122 & 133 & Nature-Identical Flavoring Substances), Passion Fruit Puree, Emulsifiers(471, 477), Stabilizers(410, 412), Color(102, 122, 133) & Nature-Identical Flavoring Substances.
33	Peach & Strawberry	Milk Solids, Sugar, Water, Peach Preparation (11%) (Peach, Sugar, Liquid Glucose, Humectant (422), Stabilizer (410), Thickener (440) & Color (110, 122), Peach Puree (6%), Strawberry preparation (2.2%) (Acidity Regulator (330), Stabilizer (410), Thickener (440), Color (122) & Nature-Identical Flavoring Substances), Emulsifiers (471, 477), Stabilizers (410, 412), Color (102, 122), Natural & Nature-Identical Flavoring Substances.
34	Caramelised Biscuit Marvel	Milk Solids, Sugar, Water, Biscuit Spread (8.3%) (Sugar, Refined Wheat(Maida, Edible Vegetable Oil (Rapeseed Oil & Refined Palm Oil), Milk Solids, Raising Agents(500(ii) & 503), Emulsifiers(322(i) & 450), Cinnamon Powder, Iodized Salt & Acidity Regulator (330), Nature-Identical Flavoring Substances & Artificial Flavoring Substances), Emulsifiers (471, 477), Stabilizers (410, 412), Color (102, 122 & 133) & Nature-Identical Flavoring Substances.
35	Bubblegum	Milk Solids, Water, Sugar, Chocolate Coated Almonds (8%) (Almonds , Sugar, Cocoa Butter, Milk Solids, Cocoa Solids, Emulsifiers (476 & Soy Lecithin), Natural & Artificial (Vanilla) Flavoring Substances), Sugar Boiled Confectionery (4.6%) (Stabilizers (1442), Color(160c,162) & Flavors), Liquid Glucose, Emulsifiers (471, 477) & Stabilizers (410, 412).
36	Choco Brownie Paradise	Milk Solids, Water, Sugar, Brownie Cake (6.3%) (Sugar, Water, Refined Wheat Flour(Maida), Milk Solids, Palm Kernel Oil, Chocolate, Cocoa Solids, Raising Agent(500(ii)), Emulsifier (Soy Lecithin), Stabilizer (415, 1442), Thickener(440), Acidity Regulator (330), Natural Flavoring Substances), Cocoa Flavored Confectionery (8 %) (Stabilizer (1442, 415), Thickener (440), Acidity Regulator (330)), Cocoa Solids, Liquid Glucose, Emulsifiers (471, 477) & Stabilizers (410, 412).
37	Mango & Raspberry Duet	Milk Solids, Water, Sugar, Mango Pulp (6.2%), Mango Sauce (2.4%) (Acidity Regulator (330), Thickener (440), Stabilizer (415), Natural & Nature-Identical Flavoring Substances), Raspberry Sauce (2.4%) (Thickener (440), Stabilizer (410), Color (127) & Nature-Identical Flavoring Substances), Acidity Regulator (330), Liquid Glucose, Emulsifiers (471, 477), Stabilizers (410, 412), Colors (102, 110, 122), Nature-Identical & Artificial (Mango) Flavoring Substances.
38	Tiramisu	Milk Solids, Water, Sugar, Synthetic Flavored Syrup (10.7%) (Sugar, Water, Glucose Syrup, Milk Solids, Cocoa Solids, Coffee Powder, Iodized Salt, Stabilizers (440, 415), Acidity Regulator (270), Preservative (202), Color (150a) and Nature-Identical Flavoring Substances), Coffee Brownie (6.7%) (Sugar, Water, Refined Wheat Flour (Maida), Milk Solids, Palm Kernel Oil, Chocolate, Cocoa Solids, Raising Agent(500(ii)), Emulsifier (Lecithin),Thickener (415) and Natural Flavoring Substances), Cocoa Flavored Confectionery (Stabilizer (1442, 415), Thickener (440) & Acidity Regulator (330)), Liquid Glucose, Colors (102, 122 & 133), Emulsifiers (471, 477) & Stabilizers (410, 412).
39	Coffee Caramel	Milk Solids, Sugar, Water, Sugar Boiled Confectionery (6.3 %) (Sugar, Cashew & Walnut), Caramel Syrup (4 %) (Emulsifiers (471, 477), Stabilizers (412, 410), Colors (133, 102 & 122) & Natural Flavor), Coffee Powder (2.7 %), Color (150 d), Emulsifiers (471, 477), Stabilizers (410, 412).
40	Oatmeal Chocochip	Milk Solids, Sugar, Water, Oatmeal Cookie (4.7 %) (Raising Agent (500(ii)), Acidity Regulator (503(ii)), Emulsifier (Lecithin) & Natural Flavor), Cinnamon Flavored Syrup(4 %) (Emulsifiers (471, 477), Stabilizers (412, 410), Colors (133, 102 & 122) & Natural Flavor), Quark Cheese Powder (3 %) (Acidity Regulator (330) & Natural Flavor), Milk Chocolate Chip (1.5%) (Emulsifier (Soy Lecithin) & Natural Flavor), Colour (133,102 & 122), Emulsifiers (471, 477) & Stabilizers (410, 412).

Ice Cream-Allergen

Sl.No	Product Name	Eggs	Milk	Nuts	Soy	Gluten(Wheat, Oats)	Allergen Information
1	Almond Crunch		X	X	X		Contains Milk, Nuts and Soy. Manufactured in the same facility that handles Wheat
2	Bean Vanilla		X				Contains Milk. Manufactured in the same facility that handles Wheat and Nuts.
3	Italian Wonder		X	X			Contains Milk and Nuts. Manufactured in the same facility that handles Wheat.
4	Belgian Chocoholic		X				Contains Milk . Manufactured in the same facility that handles Wheat andNuts
5	Vanilla Choco Chips		X		X		Contains Milk and Soy . Manufactured in the same facility that handles Wheat andNuts
6	Dark Chocolate Secrets		X		X		Contains Milk and Soy . Manufactured in the same facility that handles Wheat andNuts
7	Butterscotch Bliss		X	X			Contains Milk and Nuts. Manufactured in the same facility that handles Wheat.
8	Maha Raj Bhog		X	X			Contains Milk and Nuts. Manufactured in the same facility that handles Wheat.
9	Californian Pistachio		X	X	X		Contains Milk, Nuts and Soy. Manufactured in the same facility that handles Wheat
10	Electric Blackcurrant		X				Contains Milk . Manufactured in the same facility that handles Wheat andNuts
11	Strawberry Blast		X				Contains Milk . Manufactured in the same facility that handles Wheat andNuts
12	Cream N Cookie		X		X	X	Contains Milk, Soy and Wheat . Manufactured in the same facility that handles Nuts
13	Fig N Honey		X				Contains Milk . Manufactured in the same facility that handles Wheat andNuts
14	Fruit Bonanza		X	X			Contains Milk and Nuts. Manufactured in the same facility that handles Wheat.
15	Jil 'N' Jack		X				Contains Milk . Manufactured in the same facility that handles Wheat andNuts
16	Litchi Buddy		X				Contains Milk . Manufactured in the same facility that handles Wheat andNuts

17	Mango Kingdom		X				Contains Milk . Manufactured in the same facility that handles Wheat andNuts
18	Swiss Chocolate		X	X			Contains Milk and Nuts. Manufactured in the same facility that handles Wheat.
19	White Chocolate		X		X		Contains Milk and Soy . Manufactured in the same facility that handles Wheat andNuts
20	Red Velvet		X		X		Contains Milk and Soy . Manufactured in the same facility that handles Wheat andNuts
21	Strawberry Cheese Cake		X			X	Contains Milk and Wheat . Manufactured in the same facility that handles Nuts
22	Blackberry Violet		X				Contains Milk . Manufactured in the same facility that handles Wheat andNuts
23	Blackforrest		X		X	X	Contains Milk, Soy and Wheat . Manufactured in the same facility that handles Nuts
24	Blueberry Cheesecake		X			X	Contains Milk and Wheat . Manufactured in the same facility that handles Nuts
25	Chocolate overload		X		X		Contains Milk and Soy . Manufactured in the same facility that handles Wheat andNuts
26	Cotton Candy		X				Contains Milk . Manufactured in the same facility that handles Wheat andNuts
27	Sea Salt Caramel Pecan		X	X	X		Contains Milk, Nuts and Soy. Manufactured in the same facility that handles Wheat
28	Vanilla Choco Berry		X			X	Contains Milk and Wheat . Manufactured in the same facility that handles Nuts
29	Tender Coconut Terrain		X				Contains Milk . Manufactured in the same facility that handles Wheat andNuts
30	Sour Cherry Chocoverse		X		X		Contains Milk and Soy . Manufactured in the same facility that handles Wheat andNuts
31	Mocha Fudge		X			X	Contains Milk and Wheat . Manufactured in the same facility that handles Nuts
32	Kiwi Passion Fruit Exotica		X				Contains Milk . Manufactured in the same facility that handles Wheat andNuts
33	Peach & Strawberry		X				Contains Milk . Manufactured in the same facility that handles Wheat andNuts
34	Caramelized Biscuit Marvel		X		X	X	Contains Milk, Soy and Wheat . Manufactured in the same facility that handles Nuts

35	Bubblegum		X				Contains Milk . Manufactured in the same facility that handles Wheat andNuts
36	Choco Brownie Paradise		X		X	X	Contains Milk, Soy and Wheat . Manufactured in the same facility that handles Nuts
37	Mango & Raspberry		X				Contains Milk . Manufactured in the same facility that handles Wheat andNuts
38	Tiramisu		X			X	Contains Milk and Wheat . Manufactured in the same facility that handles Nuts
39	Coffee Caramel		X	X			Contains Milk and Nuts. Manufactured in the same facility that handles Wheat.
40	Oatmeal Chocochip		X		X	X	Contains Milk, Soy and Oats . Manufactured in the same facility that handles Nuts
* 'X' indicates the items contains allergen.							

Ice Cream Cakes - NI

Sl.No	Product Name	Serving Size(ml)	Energy (kCal)	Total Fat (g)	Saturated Fat (g)	TransFat (g)	Cholestrol (mg)	Sodium (mg)	Carbohydrate (g)	Total Sugar (g)	Added Sugar (g)	Protein (g)	Energy(kcal) Serving	
													Serving Size(ml)	Energy (kcal)
1	Butterscotch Almond Amore	100	208	11.3	5.8	0.2	20.5	43	22.2	21.5	13.3	4.4	160	332
2	Black Forest Ice Cream Cake	100	309	17.6	11.5	0.2	17.5	67.3	33.9	31.9	24.3	3.7	160	495
3	Blackcurrant Rich Ice Cream Cake	100	174.4	6.8	4.8	0	19.8	40.3	25.3	24.7	10	3	160	280
4	Mango Kingdom Gala	100	233	12	7.9	0	18.6	34.9	26.9	25.8	15.9	4.4	125	294
5	Dessert Royale Ice Cream Cake	100	435.7	22.8	14.9	0	22.1	44.9	47.5	45.7	29.6	9.9	115	502
6	Swiss Choco Symphony Ice Cream Cake	100	397	22.5	15.2	0.2	25	119.3	42	41.2	30.2	6.6	125	498
7	Mango Italian Fiesta Ice Cream Cake	100	268	13.2	6.2	0	20	51	32.3	31.5	19	5	125	336
8	Pistachio Almond Ecstasy Ice Cream Cake	100	300.3	16.3	7.7	0	27.3	68.8	31.7	30.5	17.6	6.7	125	376
9	Chocolate Overload Ice Cream Cake	100	384	22.8	11.9	0	26	138.4	37.9	35.3	25.3	6.9	125	482
10	Fruit and Blackcurrant Drizzle Ice Cream Cake	100	330	18.3	10.3	0.2	25.6	60.7	35	34.3	20	6.2	125	413
11	Strawberry Red Velvet Grande Ice Cream Cake	100	249	11.7	7.7	0.4	26	65.6	31.6	31	16.8	3.6	125	309
12	Ibaco Butterscotch Bliss and Belgian Chocolate	100	192.2	9	5.8	0	29.1	53	23.7	23.5	14.4	4.1	100	192
13	Double Choco Bliss Ice Cream Cake	100	209.5	11.9	7.1	0	20.5	81	21.9	21.3	14.3	3.7	160	336
14	Almond Pistachio Butterscotch Tower Ice Cream Cake	100	202.6	10.2	5.5	0	23.3	51.2	23.4	23	13.7	4.3	143	293
15	Caramelized Biscuit & Chocolate Magnifica Ice Cream Cake	100	243.6	12	7.2	0.1	25.1	97.2	29.5	29	19.2	4.4	125	304
16	Tiramisu Vanilla Choco Cheer Ice Cream Cake	100	277.2	15.2	10	0	26	100.5	30.4	29.4	20.8	4.7	125	347
17	Peach Strawberry Lychee Land Ice Cream Cake	100	211.8	9.6	6.7	0.2	24	56.4	27.6	27.3	18.5	3.6	125	265

Note:- An average active adult requires 2000 kcal of energy per day, however, calorie needs may vary

ICE CREAM CAKES - ALLERGENS

Sl.No	Product Name	Eggs	Milk	Nuts	Soy	Wheat Gluten	Allergen Information
1	Butterscotch Almond Amore Ice Cream Cake		X	X	X	X	Contains Milk, Nuts, soy and Wheat
2	Black Forest Ice Cream Cake		X		X	X	Contains Milk, soy and Wheat. Manufactured in the Same Facility that handles Nuts.
3	Blackcurrant Rich Ice Cream Cake		X		X	X	Contains Milk, soy and Wheat. Manufactured in the Same Facility that handles Nuts.
4	Mango Kingdom Gala Ice Cream Cake		X	X	X	X	Contains Milk, Nuts, soy and Wheat
5	Dessert Royale Ice Cream Cake		X	X	X	X	Contains Milk, Nuts, soy and Wheat
6	Swiss Choco Symphony Ice Cream Cake		X	X	X	X	Contains Milk, Nuts, soy and Wheat
7	Mango Italian Fiesta Ice Cream Cake		X	X	X	X	Contains Milk, Nuts, soy and Wheat
8	Pistachio Almond Ecstasy Ice Cream Cake		X	X	X	X	Contains Milk, Nuts, soy and Wheat
9	Chocolate Overload Ice Cream Cake		X	X	X	X	Contains Milk, Nuts, soy and Wheat
10	Fruit & Blackcurrant Drizzle Ice Cream Cake		X	X	X	X	Contains Milk, Nuts, soy and Wheat
11	Strawberry Red Velvet Grande Ice Cream Cake		X		X	X	Contains Milk, soy and Wheat. Manufactured in the Same Facility that handles Nuts.
12	Ibaco Butterscotch Bliss and Belgian Chocolate		X			X	Contains Milk and Wheat. Manufactured in the Same Facility that handles Nuts.
13	Double Choco Bliss Ice Cream Cake		X	X	X	X	Contains Milk, Nuts, soy and Wheat
14	Almond Pistachio Butterscotch Tower Ice Cream Cake		X	X	X	X	Contains Milk, Nuts, soy and Wheat
15	Caramelized Biscuit & Chocolate Magnifica Ice Cream Cake		X		X	X	Contains Milk, soy and Wheat. Manufactured in the Same Facility that handles Nuts.
16	Tiramisu Vanilla Choco Cheer Ice Cream Cake		X			X	Contains Milk and Wheat. Manufactured in the Same Facility that handles Nuts.
17	Peach Strawberry Lychee Land Ice Cream Cake		X			X	Contains Milk and Wheat. Manufactured in the Same Facility that handles Nuts.

* 'X' indicates the items contains allergen

TOPPINGS - NI												
S.No	Product Name	Serving Size (g)	Energy(kcal)	Total Fat (g)	Saturated Fat (g)	TransFat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate(g)	Total Sugar (g)	Added Sugar (g)	Protein (g)
1	Chocolate Fudge Sauce	100	402.2	8.6	6.8	0.0	0.0	93.1	72.8	72.8	43.6	8.4
2	Chocolate Sauce	100	638.2	50.5	36.5	0.0	3.1	75.3	39.5	39.5	29.7	6.4
3	Icecream Toppings Salted Caramel Syrup	100	302.3	5.5	3.4	0.0	17.5	270.1	60.6	60.6	23.4	2.6
4	Mango Sauce	100	271.2	0.0	0.0	0.0	0.0	10.6	66.9	66.9	60.4	0.9
5	Blackcurrant Sauce	100	281.3	0.1	0.0	0.0	0.0	28.6	69.8	69.8	64.6	0.3
6	Strawberry Sauce	100	281.7	0.1	0.0	0.0	0.0	1.2	70.1	70.1	67.4	0.1
7	Candied Fruit	100	285.1	0.3	0.0	0.0	0.0	0.0	69.9	69.9	0.0	0.7
8	Dried Cranberry	100	270.8	1.2	0.0	0.0	0.0	0.93	40.6	40.6	0.0	24.4
9	Chocolate Buttons	100	514.5	27.3	27.0	0.2	4.0	83.0	61.3	55.2	47.2	5.9
10	Double Chocolate Chips	100	803.0	31.0	30.0	0.1	0.0	0.9	60.0	47.0	13.0	71.0
11	Blueberry Fruit filling	100	138.8	0.4	0.0	0.0	0.0	0.6	33.6	31.9	25.9	0.2
12	Ice Cream Toppings Milk Choco Slab- Almond	100	577.2	38.4	18.3	0.0	12.5	69.3	48.3	44.9	34.8	9.6
13	Ice Cream Toppings Milk Choco curls	100	564.3	35.5	21.2	0.0	15.1	82.8	53.9	52.0	41.9	7.3
14	Ice Cream Toppings JackFruit Crush	100	233.0	0.2	0.0	0.0	0.0	0.93	56.3	36.0	20.3	1.5
15	Mango fruit preparation	100	243.4	7.8	4.8	0.0	29.5	49.0	42.7	41.4	28.5	0.6
16	Icecream Toppings Fudge Brownie	100	309.8	9.8	7.0	0.0	1.0	10.6	51.1	48.0	32.6	4.3
17	Cashew	100	555.6	40.4	9.2	0.0	0.0	17.2	32.7	29.7	0.0	15.3
18	Almonds	100	640.5	52.5	4.0	0.0	0.0	3.0	21.0	10.0	0.0	21.0
19	Assorted Nuts	100	350.0	24.0	2.7	0.0	0.0	2.5	15.4	10.2	0.0	18.1
20	Raisins	100	335.0	0.2	0.1	0.0	0.0	24.0	80.0	65.7	0.0	3.3
21	Rainbow Buttons	100	472.3	17.5	17.3	0.2	3.0	74.0	75.1	70.0	61.6	3.6
22	Choco sprinkles	100	491.4	21.0	12.0	2.0	0.0	0.93	71.0	54.0	17.0	4.6
23	Rainbow sprinkles	100	470.4	16.0	9.0	1.7	0.0	0.0	80.0	18.0	59.0	1.6
24	Honey	100	319.2	0.0	0.0	0.0	0.0	0.9	79.5	0.9	0.0	0.3
25	Icecream Toppings waffle cone	100	422.8	10.8	0.0	0.0	0.0	0.1	76.1	75.8	25.2	5.3
26	Icecream Toppings Chocolate Waffle Cone	100	419.0	10.8	0.1	0.0	0.0	0.1	75.0	74.7	24.8	5.5
27	Stick Mixtures	100	498.0	22.0	11.0	0.1	0.0	200.0	67.0	67.0	49.0	8.0
28	Black Currant F (Dry Fruit)	100	70.8	0.4	0.0	0.0	0.0	2.0	15.4	0.0	0.0	1.4
29	Icecream Toppings Waffles	100	261.5	11.1	8.4	0	3.5	113.8	34.6	33.8	11.3	4
30	Icecream Toppings Red velvet Cone	100	417.2	10.7	0.0	0.0	0.0	37.4	75.9	75.9	25.7	5.4
31	Icecream Topping Fruit & Nut Munchies	100	500.66	28.4	5.9	0.046	3.024	20.3	50.6	43.48	8.3	10.7
32	Icecream Toppings Blackcurrant waffle cone	100	422.8	10.8	0.0	0.0	0.0	0.1	76.1	75.8	25.2	5.3

TOPPINGS - ALLERGENS

Sl.No	Product Name	Eggs	Milk	Nuts	Soy	Wheat Gluten	Sulphites	Allergen Information
1	Chocolate Fudge Sauce		X					Contains Milk . Manufactured in the same facility that handles Wheat
2	Chocolate Sauce		X					Contains Milk . Manufactured in the same facility that handles Wheat
3	Icecream Toppings Salted Caramel Syrup		X					Contains Milk . Manufactured in the same facility that handles Wheat
4	Mango Sauce							Manufactured in the same facility that handles Milk, Wheat and Nuts
5	Blackcurrant Sauce							Manufactured in the same facility that handles Milk, Wheat and Nuts
6	Strawberry Sauce							Manufactured in the same facility that handles Milk, Wheat and Nuts
7	Candied Fruit							Packed in the same facility that handles Milk, Wheat and Nuts
8	Dried Cranberry							Packed in the same facility that handles Milk, Wheat and Nuts
9	Chocolate Buttons		X		X			Contains Milk and Soy.Packed in the same facility that handles Wheat and
10	Double Chocolate Chips		X		X			Contains Milk and Soy.Packed in the same facility that handles Wheat and
11	Blueberry Fruit filling							Manufactured in the same facility that handles Milk, Wheat and Nuts
12	Ice Cream Toppings Milk Choco Slab- Almond		X	X				Contains Milk and Nuts.Manufactured in the same facility that handles Wheat .
13	Ice Cream Toppings Milk Choco curls		X					Contains Milk.Manufactured in the same facility that handles Wheat and
14	Ice Cream Toppings JackFruit Crush							Manufactured in the same facility that handles Milk, Wheat and Nuts
15	Mango fruit preparation							Manufactured in the same facility that handles Milk, Wheat and Nuts
16	Icecream Toppings Fudge Brownie		X		X	X		Contains Milk, soy and Wheat.Manufactured in the same
17	Cashew			X				Contains nuts.Manufactured in the same facility that handles Milk and
18	Almonds			X				Contains nuts.Manufactured in the same facility that handles Milk and
19	Assorted Nuts			X				Contains nuts.Manufactured in the same facility that handles Milk and
20	Raisins							Packed in the same facility that handles Milk, Wheat and Nuts
21	Rainbow Buttons		X			X	X	Contains milk, Wheat and Sulphites. Packed in Same Facility that handles
22	Choco sprinkles		X					Contains Milk.Packed in the same facility that handles Wheat and Nuts

23	Rainbow sprinkles		X					Contains Milk.Packed in the same facility that handles Wheat and Nuts
24	Honey							Packed in the same facility that handles Milk, Wheat and Nuts
25	Icecream Toppings waffle cone					X		ContainsWheat.Manufactured in the same facility that handles Milk and Nuts
26	Icecream Toppings Chocolate Waffle Cone					X		ContainsWheat.Manufactured in the same facility that handles Milk and Nuts
27	Stick Mixtures		X		X	X		Contains Milk Wheat and soy.
28	Black Currant (Dry Fruit)							Packed in the same facility that handles Milk, Wheat and Nuts
29	Icecream Toppings Waffles		X		X	X		Contains Milk, soy and Wheat.Manufactured in the same
30	Icecream Toppings Red velvet Cone		X			X		Contains Milk and Wheat.Manufactured in the same facility that handles Nuts
31	Icecream Topping Fruit & Nut Munchies		X	X				Contains Milk and Nuts.Manufactured in the same facility that handles Wheat
32	Icecream Toppings Blackcurrant waffle cone					X		ContainsWheat.Manufactured in the same facility that handles Milk and Nuts
'X' indicates the items contains allergen								